

Cheshire East CYP Integrated Autism Pathway Model



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A redesigned model for autism assessment and integrated support for children and young people aged 0-25 across Cheshire East

Please note the following regarding each of the pathways:

- **Getting advice - First Concerns Pathways** - is fully operational
- **Getting help – Autism Assessment Pathway** – the coordination function is not yet fully operational. The MDT may at times be a ‘virtual’ process.
- **Getting more help – pre and post-diagnostic Support Pathway** – is operational across Eastern Cheshire and will be operational across South Cheshire from March 2020. For Parents/ Carers whose child(ren) are on the waiting list for autism assessment or have a confirmed diagnosis.
- **Getting risk support - prevention of crisis/specialist risk support** - still a draft and not fully operational.



First Concerns / Early Identification (0-4 Years) 'Getting Advice'

Parenting Journey and Universal Healthy Child programme (setting and family focussed)

Parents can use the health visitor duty desk and/or *Parenting Journey* stops to request support from the Health Visiting service (HVs). Referrals to HVs also come from Children's Centres, CIN/CP and early years settings (nurseries). Parents in crisis should contact social care and/or NHS Trust duty teams

Parents and settings can receive early intervention support from the Early Start team

Where a health professional is of the opinion that a young child under compulsory school age has, or probably has, SEN, they must inform the child's parents and bring the child's parents and bring the child to the attention of the local authority.

SEND notifications are discussed at the Early Years Forum and actions are determined and reviewed.

Where there is on-going cause for concern regarding a child's developmental milestones, and a need for further investigation a request can be made by either a professional or parent for a **multidisciplinary autism assessment**

First Concerns / Early Identification (School-Age Years) *'Getting Advice'*

Child enters education setting at age 4+

Child's additional needs become evident to class teacher and child referred to SENCO. Parents or setting in crisis should contact social care and/or NHS Trust duty teams

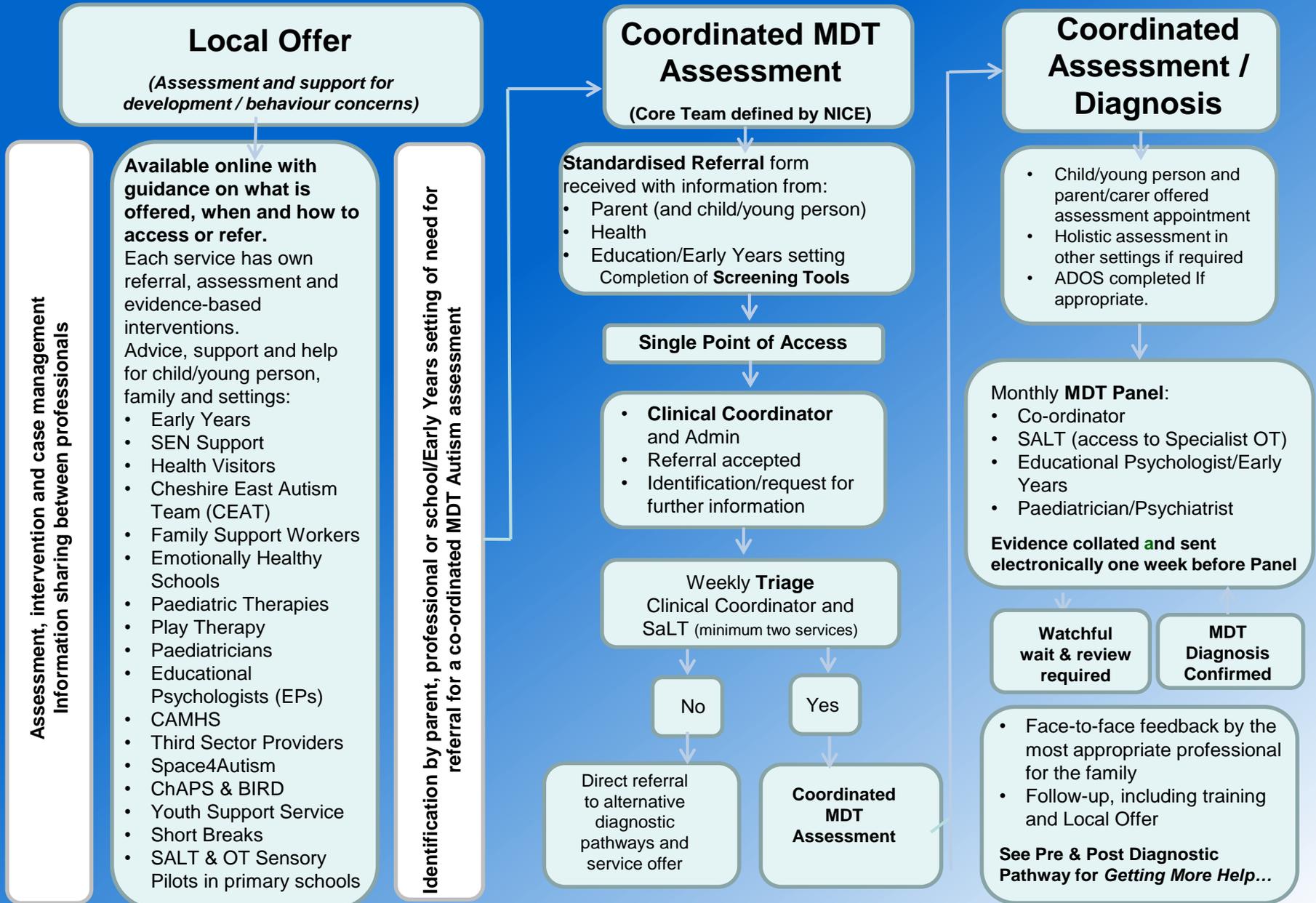
Child receives support using SEN Toolkit graduated response including referral for additional support from health and social care teams

Child referred to CEAT consultation for additional advice and support within the setting

School, family and child offered up to 2 advice and support sessions from CEAT which may include school observations

Where there is on-going cause for concern regarding a child's developmental milestones, and a need for further investigation a request can be made by either a professional or parent for a multidisciplinary autism assessment

Autism Assessment (0-19 years*) 'Getting Help'



Pre and Post-Diagnostic Support (0-25 years)

'Getting More Help'

Multi-disciplinary diagnosis confirmed

(based on assessment by health and education, in multiple settings and over time)

Feedback meeting with parents/family

(feedback given as soon after diagnosis as possible)

Jointly agreed, single, goal orientated plan, including review date
(including with setting e.g. nursery/school)

Core training and strategies
(offered for parents/families immediately post diagnosis)

Self-Management and Support

Interventions, information and training to develop strategies and specialist/peer support to empower parents and children/young people, particularly at points of transition
(this includes a core range of issue specific needs-based training e.g. sleep management, sensory advice, anxiety management and positive behaviour management)
Parents in crisis should contact social care and/or NHS Trust duty teams

Review and Update

(to respond to changing or escalating needs)

Getting Risk Support (0-25 years) DRAFT

'Prevention of Crisis'

A database will be used to identify children and young people with Autism (diagnosed or strong traits of autism) and/or Learning Disabilities who we are worried about – professionals from health, social care or education can put a child or young person's name on this database (consent will be needed).

A tool will be on the database to assess if they pose any risk and if this is low, medium or high risk

Medium to high risk - A meeting with everyone involved will be held within 3-5 working days for every case. Or, if the child/young person is at immediate risk of harm, emergency services, safeguarding or other relevant pathways should be used. This meeting can be done through other health or social care pathways if appropriate, to avoid confusion or duplication.

Low risk – Cases are discussed at monthly NHS/council meetings and any barriers are identified and removed through education, health or social care services prioritising or increasing level of input and thinking about whether a personal budget would help.

Plan of Action

Based on a clear assessment and discussion of risks identified, a plan is agreed, including a review date. If more support is needed, this be delivered through the Intensive Support Team*.

Review

Anonymised data is shared with leaders in the NHS and local council so they can check the services are meeting the needs of children and young people .